# 16 Suggestions for a Happy Marriage

#### 1. Make Time for Each Other



Rico and Analise

Continue to court each other. Keep yourselves up in your appearances.

Just because you won each other, don't let down your appearance.

Continue to make yourselves appealing to each other.

Give each the same considerations you did while you were dating and more.

Create special traditions just with each other.

#### 2. Strengthen each Other in Your Marriage



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Look for the best qualities in each other and build on these.

Negative criticisms have no place in a good home.

They'll never erect a statue to a critic or a nag.

Enrich your marriage.

No matter what, be true to each other.

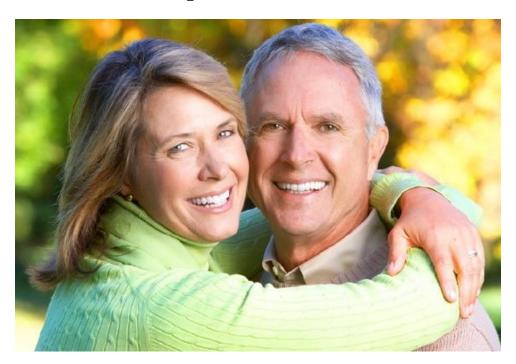
Learn to appreciate each other for the little things.

#### 3. Build Your Marriage Around Good Examples



Look at beautiful marriages you've known, such as David O. McKay and his wife, Emma Ray. Or your long-married parents or grandparents. What would they do, you might ask yourselves. Then be a good example to those who love you.

#### 4. Complement each Other



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This means the completion of the whole.

You're not complete without the other.

You are each different.

Accept the differences.

Don't go to great lengths to change that.

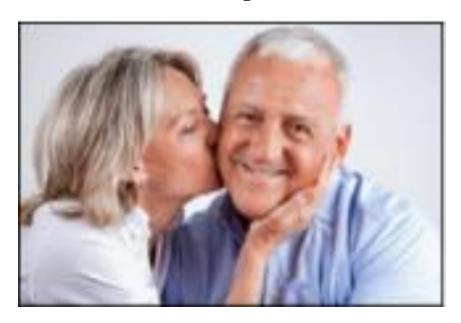
Learn from each other's strengths.

Each of you can do something the other cannot.

Draw on those abilities.

Let those differences strengthen your family unit.

#### 5. Let Your Love Deepen for Each Other



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As the song from Camelot says, "The way to win a woman is to simply love her, simply love her – simply love her."

If you have difficulties,

ask for forgiveness.
It's easier to do that
and remove this weed problem
than to let it grow unattended.

Make some time for each other.

#### 6. Confide in Each Other



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Two people are no closer
than what they can confide in each other.
Share your lives, your joys, your challenges, and your problems and work them out together.

Have concerns

for each other's welfare.

Become partners and friends.

#### 7. Give 125 / 125%



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Some people only give 50/50.

That isn't enough!

When neither of you cares
where the dividing line is,
then life is so much more rewarding.

#### 8. Grow Spiritually Together



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Let this be the great anchor in your life.

You're moving now from the concern for self,
to that of concern of spouse and family.

Implement strong principles into your lives.

Build your faith.

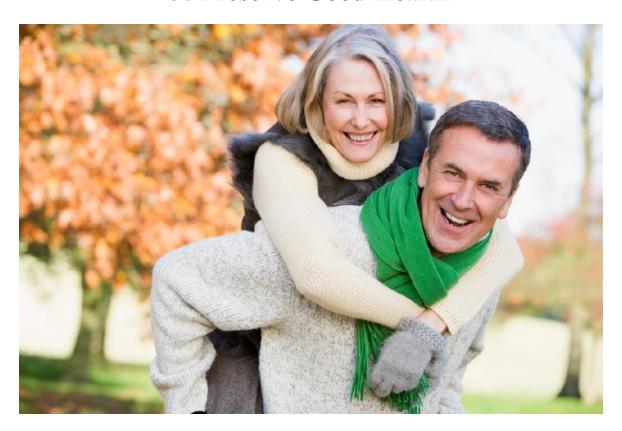
Give service in His Gospel.

Be willing to sacrifice for each other.

Bring into your home sweet children and raise them up in peace and righteousness.

This will be your greatest legacy.

#### 9. Preserve Good Health



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When you grow older,

you don't want to be a burden to your partner.

This allows you to have more enjoyment with each other and your family.

#### 10. Laugh Often at the Bright Side



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But never at the other's expense!

Not even in jest.

Don't let your companion be hurt in this way.

Enjoy life.

You'll be as happy as you decide to be.

So, decide to be happy!

# 11. Maintain a Good Record of Your Lives



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Do this for the benefit of yourselves and your family so that they can

look back on many precious moments in the growth of your family and achievements.

Do this in written form, pictures, and video, whatever you may choose, but keep a good record.

#### 12. Make Your Home a Little Heaven on Earth



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You can make your home one of love and happiness, a refuge, a place where you like to be.

"No other success on earth can compensate

for failure in the home,"

said David O. McKay.

That is a great challenge.

Just never give up on it.

It's a skill, an art, and a labor of love and sharing... not just for this life, but forever, for eternity.

"Of all of life's treasures, there is none greater than happiness in the home."

Utah Senator Orrin G. Hatch

#### 13. Be Frugal and Wise with Your Means



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We are advised to avoid and stay out of debt.

Spend less than you earn.

Live well within your means

and save early for retirement.

Know the difference between wants and needs.

Often it isn't the ability to earn money,

but rather, the ability to manage it,

before it manages you that is important.

#### 14. Create Meaningful Goals



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Do this for your own lives both as a family and as individuals. Inspire each other to reach your goals; give real and loving support. Work on problems and projects together.

#### 15. Seek the best in life



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Don't settle for second best

And what is that?

The love of your family,

the fulfillment of

individual talents and

capabilities as a family –

the warmth of a loving and beautiful home.

#### **16. MOST IMPORTANT:**



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at the very end of each day —
Husbands: Just before you go to sleep,
every night,

tell your wife you love her!

No three words are as important to anyone at any time than at that moment.

All the world can rage about you.

Your children will leave you.

Difficulties will arise.

But if you know that you have each other and that you love each other, nothing else will matter as much. Nothing!

## **Enjoy a Beautiful Marriage**

And if you always remember to do these things, you WILL enjoy a beautiful marriage, one that will blossom and bloom like a well-kept garden.

What could bring you more joy during an entire lifetime?







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of a VERY happy marriage

&

**PAUL AND PEGGY LARSEN** 

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Of an exciting and fulfilling marriage

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#### Develop a

# "Family Mission Statement"

#### **INCLUDING YOUR FAMILY VALUES AND GOALS**

"It will be the single most important and far-reaching leadership activity you can do."

--Stephen Covey Used with permission



"Day by day to become better than we are, and to spread a wide influence for good. The power is within us

to change for good

that part of the world over which we have some influence."

What is our main purpose in life?

Are we just here?

Or can we find a

very worthwhile purpose in life

during these few precious years of our lives?

When others hear

our family name, what qualities do they think of?

#### **Our Family's Most Important Values**

#### Love

To promote and maintain the love and unity of our family members.





#### Health

To develop and maintain good health.

#### **MENTAL**

To develop talents, abilities, knowledge, and wisdom.



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#### **Financial**

To develop financial resources, security, self-reliance, and avoid debt.

#### **Support**

To provide assistance in time of need, physically and spiritually.



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#### **Professional**

To develop and promote professional abilities.

#### **Altruism**

To develop spiritual and moral capabilities, and render frequent altruistic service.



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# When you do these things You get

### THE GREATEST GIFT

OF ALL

# HAPPY FAMILIES







The Olpin Family Organization

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